

Living between the *Red* and the *White*

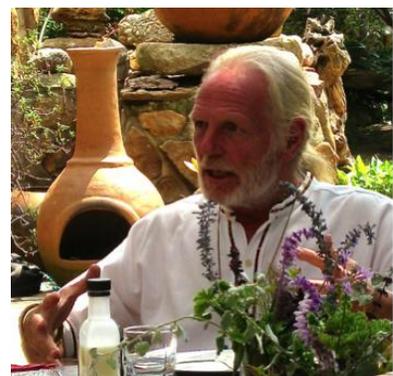
Former Associated Prof. Stan Lifschitz Pretoria – South Africa



INVITATION & GOAL OF THE TWO DAYS As an elder I would like to invite you into a healing space which attends to you, the practitioner. Many of us from different persuasions are exposed to the extremes in the struggles of our clients' lives. This exposure is not benign nor is it without its effect. The clients' problems and issues are often provocative and sometimes coincide with those in our own lives. The aim of this experiential workshop is to offer you a safe space to attend to your own struggles and hurts as a practitioner; and in so doing to begin to reap the wisdoms that flow from your living between the red and white. My hope is for you to rediscover your calling and to rejuvenate your vigour for practice. This participatory workshop is conducted in accord with the ethics that appreciate that healing is also for the healer.

INTRODUCTION Writing this feels a bit like blowing my own trumpet. Nonetheless I do want to introduce myself. I'm an elder in our fraternity of caregivers. I'm currently integrating and refining more than 35 year of working experience in the field. My training includes both Western practices of therapy and indigenous practices of healing. I've written chapters, articles, dissertations and a thesis, presented at countless conferences, filled foreign teaching posts and also had a stint as head of training in clinical psychology at university where I worked for more than half my life and where I had a heart attack.

I've been through initiation as a healer in indigenous practices in South Africa and traveled to far off places to explore other expressions of these modalities. I have participated in many rituals and ceremonies in shabby back rooms, on mountaintops and in caves.



From 1985 to 2010 a group of us co-created a healing community called Agape in an impoverished township in South Africa. Here under a tree people came together from different places, ethnicities, religious persuasion and socioeconomic classes. It was here that I surrendered the safety of my expertise to reach beyond my boundaries to discover my humanness. It was here that I also began to formulate an alternative vocabulary that drew from art and alternative healing practices. Now that I'm older and less concerned about achievement, accolades and rewards, I can declare that I'm also ordinary and vulnerable at times. As an elder, my focus now is on those who practice our ancient art of healing ...the caregivers. My concern is in attending to the casualties amongst us who are doing the work.

This seminar is for coaches, therapists, teachers, trainers and human beings who want to learn and grow, and add an inner strength to the wisdom they already have.

Stan Lifschitz Prof. Em. Clinical Psychology, and Sangoma (traditional healer South Africa)
Co-facilitator Ria Verlinden www.The7thC.be

Date:

Saturday 25th of June 2016 en Sunday the 26th of June 2016

Venue:

Centrum Het Midden – Malle (near Antwerp) www.hetmidden.be

Price:

private: € 280,00 (VAT excluded)
for company: € 325,00 (VAT excluded)

maximum participants: 16 EAGT points can be provided

intakes and information:

phone or skype with Ria Verlinden 003232357839

Seminar hours:

Day 1

09:00 Arrival and coffee / tea
09:30 -12:30 Morning Program
14:00 -18:00 Afternoon Program
After dinner: storytelling - fire - music - swimming

Day 2

09:30 - 12:30 Morning Program
14:00 - 18:00 Ending and goodbyes

